



# TIYINI TIVUNDZISI LETENTIWE NGALOKUPHILAKO?

**T**ivundzisi letentiwe ngalokuphilako tikhicitwa tисuselwa etintfweni letenteka ngekwemvelo kusimondzawo, kufake phakatsi **tinhlobonhlobo tetivundzisi, imvundzisa, namanyolo loluhlata nalovela kulokuphilako.** Tikhutsata kukhula kwetifombo tibuye titfutfukise imphilo yemhlabatsi ngekuhamba kwesikhatsi ngekuhiphela takhamtimba letibalulekile **kancane** emhlabatsini.

- **Tivundzisi temvelo leticuketse lokuphilako** tinemfucuta lephilako lebalulekile ekukhuleni kwetifombo.
- **Imvundzisa** ilutfo lwemvelo lolubolile – tibhidvo nobe manyolo.
- **Manyolo loluhlata** usitfombo lesilinywako bese siphindze sihlanyelwe emhlabatsini, lesingeta lutfo loluvela kulokuphilako luphindze lukhiphe takhalikhaba tetifombo letibalulekile. Ubuye usite ekugcineni umswakamo emhlabatsini.
- **Manyolo lovela kulokuphilako** ufaka phakatsi timfucuta tetilwane letibolile letinjengekudla kwematsambo, manyolo, ludzaka (inhlanganisela yebulongo nemanti) neguwano ( bulongo betinyoni tasselwandle kanye nemalulwane).

Bomayolo labavela kulokuphilako labanyenti batfolakala mahhala, emhlabeni wakho nasekhaya lakho nasemfuyweni.

