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CHII CHINONZI

MAFETIREZA EMAODZWA?

Mafetireza emaodzwa anogadzirwa kubva kuzvinhu zvinooro zvega mune zvakatipoteredza, kusanganisira **murakwani, makombositi, mufudze wezvinyoro uye mupfudze wezvipfuwo**. Maodzwa anotsigira chirimwa kukura uye kupa utano kuivhu panguva refu kuburikidza nekusunungura zvinokosha zvinovaka muviri wevhu **zvishoma nezvishoma**.

- Mafetireza emaodzwa aneutachiona hwetsvina rakaora inokosha pakukudza chirimwa.
- Kombositi musanganiswa wezvinhu – zvinosanganisa miriwo kana mupfudze.
- Mupfudze wezvinyoro unobva kuchirimwa charimirwa muvhu, chowedzera maodzwa anopa kudya kwakakosha kuchirimwa. Mupfudze uyu unochengetedzawo hunyoro muvhu.
- Mupfudze wezvipfuwo musanganiswa wetsina yezvipfuwo wakadai sehupfu hwemapfupa, ndove, husvusu (musanganiswa wendove nemvura) uye matoto ezviremwaremwa.

Mafetireza emaodzwa ose arinyore kuwanikwa mahara, pamunda kana pa mumusha pane zvipfuwo.

