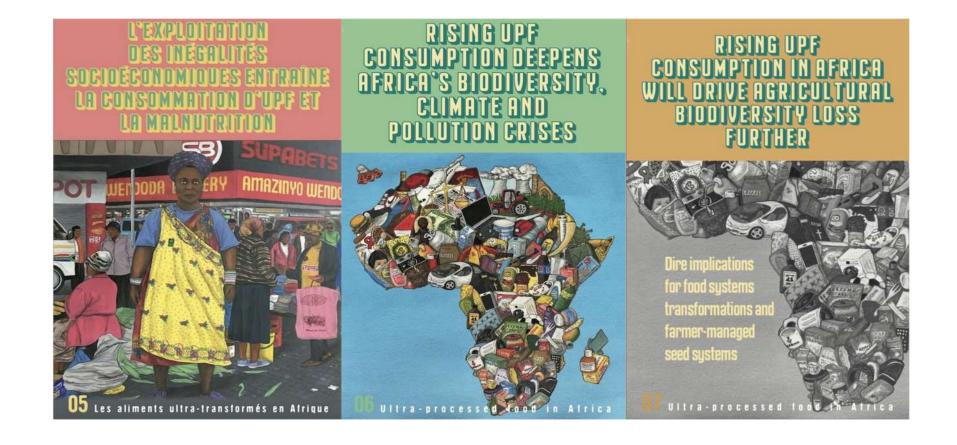
Communications and media report featuring content directly related to donor

January 2024 - March 2025





In this series focusing on ultra-processed food (UPF) on the African continent, ACB explores the impacts of shifting dietary patterns, with increasing reliance on low-cost, ultra-processed foods (UPFs) globally, and in Africa in particular, in the context of an urgent call for a just, agroecological food system transition.



8 March 2024

Ultra-processed food in Africa

Implications for just agroecological transitions of food and agricult

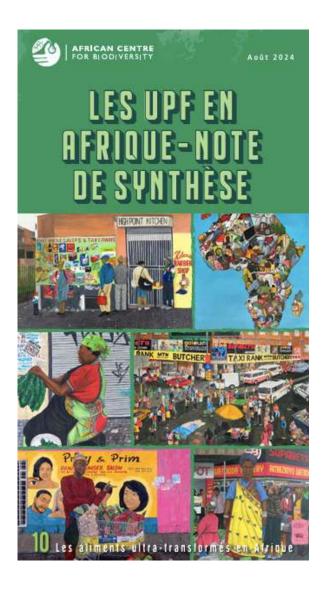
A series by the African Centre for Biodiversity

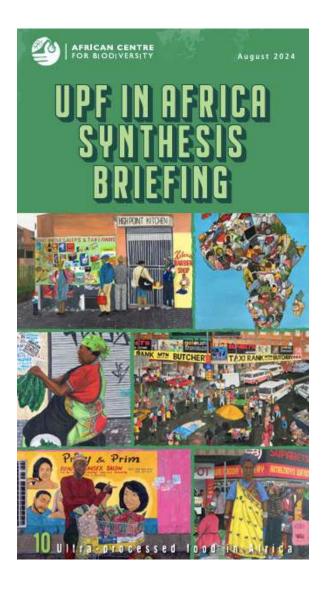


4 April 2024

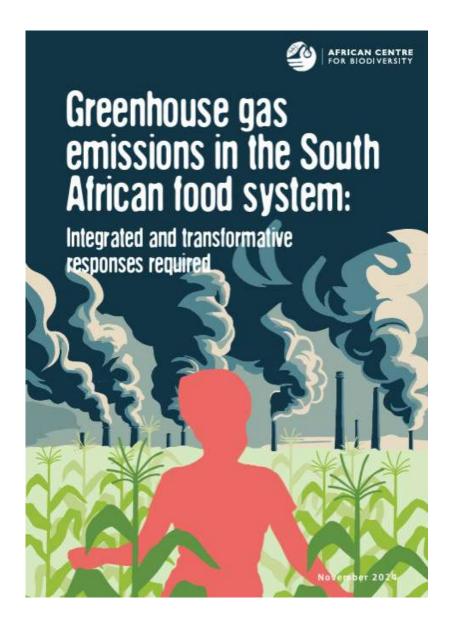
Rising ultra-processed food consumption deepens Africa's biodiversity, climate and pollution crises

A series by the African Centre for Biodiversity





Factsheet 10 is the final in our series that considers the different dimensions of ultra-processed foods (UPFs) and highlights the serious environmental, social, economic and health implications of the expansion of UPF consumption in Africa.



The agri-food system is estimated to produce about 18% of South Africa's total emissions. 49% of this is from livestock and emissions from crop production. Another 41% is from energy use and transport in the food system. Other food systems emissions include organic waste disposal, industrial processes, and refrigeration. This paper provides a detailed breakdown of emissions across these categories, as well as proposing entry points for emissions reductions.





Mariam Mayet wrote an op-ed for Table Media on how promoting climate-smart agriculture as a climate solution is misleading and noted that agroecology is essential if humanity wants to have a future on the planet.



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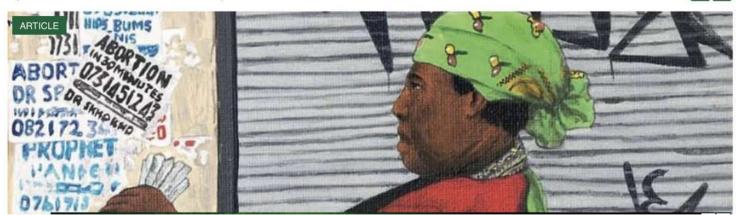
Opinions Editorial

Polls Comments Hot Stories

A Malnourished Food System: Harmful Impacts Of **Upf Consumption On Health And Nutrition In Africa**

By The African Centre for Biodiversity



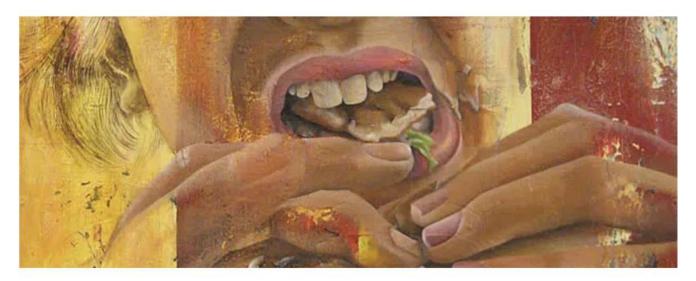


Modern Ghana, an online publication, posted ACB's UPF factsheet 8 which looks at the harmful Impacts of UPF consumption on health and nutrition in Africa.



ABOUT US ✓ NYÉLÉNI NEWSLETTERS ✓

Newsletter no 55 – Ultra-processed food, a "corporate diet"



Nyeleni quotes and makes reference to a number of publications on the topic of UPF and it's implications around the world. They include a link to the factsheet post on ACB's website.



Who we are ∨ What we do ∨ News & events ∨ Resources

Regional Women's FLEAT in Johannesburg: Empowering Women Faith Leaders in Environmental Advocacy

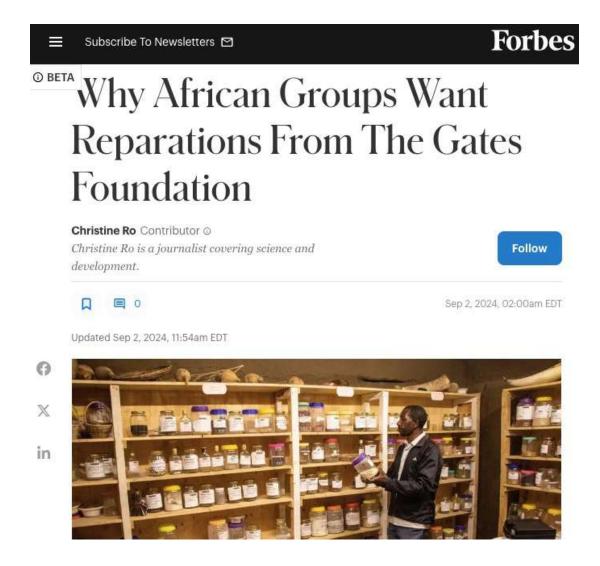
Published: Jul 30, 2024



Food-And-Climate-Justice



SAFCEI article on its three-day in-person
Regional Women's Faith Leader
Environmental Advocacy Training
(FLEAT) in Johannesburg. ACB's Dr
Stephen Greenberg is mentioned as
having discussed Just Transitions in the
Southern and East African food systems.



Mariam Mayet, in Tim Schwab's The Bill Gates Problem, is quoted in this article as having said that the Gates Foundation has mobilised so much funding and influence for an industrial model of agriculture, that it has crowded out alternatives.



Instant noodles and 'garage' pies to disappear from SA's shelves?

The days of quick meal solutions such as instant noodles may be numbered as awareness is raised about the



By Marzanne Janse van Rensburg 25-09-24 09:24 in News



This article links to and mentions information included in ACB's UPF factsheet series.



Mariam Mayet contributed an article on the invasion of ultra-processed foods in Africa in FIAN Belgium's 8th edition of Beet The System!, its annual magazine tackling junk food. For the 8th edition, the magazine explores in depth the impact of the agri-food industry on food choices and how it imposes its fast-food and lowcost model.

Webinars attended by ACB



FOOD AND OUR CULTURE with Mariam Mayet



JUNE 14, 2024
Register to join this conversation via **ZOOM**

12.00NOON WAT

Health of Mother Earth Foundation hosted a webinar, Conversations about Food and our Culture, Mariam Mayet was the keynote guest and speaker.